

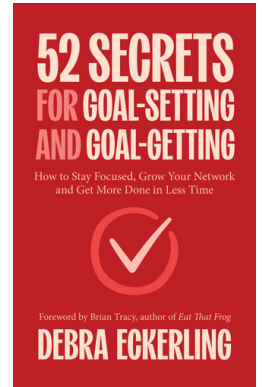


# DEBRA ECKERLING

## Book Proposal Specialist & Goal Strategist Workshop Leader, Author & Podcaster

Engaging, insightful, and inspiring, Debra simplifies book proposals and goal-setting for experts, executives, and entrepreneurs.

Award-winning author and podcaster **Debra Eckerling** shows audiences **how clarity, strategy, and action lead to success** in publishing, projects, and personal and professional goals. She is the creator of *the* DEB METHOD® for goal-setting simplified, has appeared on numerous podcasts and live-streaming shows, and has spoken on stages for TEDx, Innovation Women, *Lioness* magazine, *Writer's Digest*, Wellcoaches, Engaging Virtual Meetings, Agorapulse, the LACBA Lawyer Well-Being Project, and more.



### EXPERTISE & TOPICS

- Goal-Setting and Goal-Getting in Challenging Times
- How to Turn Dreams into Action
- Why Goal is "Not" Like the Other 4-Letter Words
- 5 Tips for Moving Forward When You Are Stuck
- Networking with Purpose: Building Relationships that Matter
- How to Write a Book Proposal Without the Stress
- Why Goal-Strategy is the Key to Book Proposal Strategy

### BOOKS & PODCASTS

- *Your Goal Guide: A Roadmap to Setting, Planning and Achieving Your Goals*
- *52 Secrets for Goal-Setting and Goal-Getting*
- Host of GoalChat, Taste Buds with Deb, and The Book Proposal Podcast

### AS SEEN IN/ON



### LEARN MORE

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