



# DEBRA ECKERLING

## Top Goal-Setting Expert, Award-Winning Author & Speaker

Debra Eckerling is the author of *Your Goal Guide: A Roadmap for Setting, Planning, and Achieving Your Goals* (2021 Silver IPPY Award, Self-Help) and creator of the D\*E\*B METHOD®, which is her system for Goal-Setting Simplified. DEB stands for Determine Your Mission, Explore Your Options, Brainstorm Your Path.

A corporate consultant and workshop leader, Debra serves as an advocate for executives, entrepreneurs, and teams. She helps directors and managers keep their employees engaged and productive by supporting their personal and professional goals. Debra is the host of the #GoalChat Twitter chat, #GoalChatLive show, and The DEB Show podcast, as well as founder of the Write On Online community for writers, creatives, and entrepreneurs.

### SPEAKING TOPICS: WORKSHOPS, SESSIONS, KEYNOTES, PANELS

Goal-Setting Simplified Using The D\*E\*B Method

How to Keep Your Virtual Employees Engaged and Productive

5 Tips for Wellbeing in the Workplace

Rebooting Your Goals When Change Happens

Finding #GoalTopia: Vision Board Virtual Scavenger Hunt

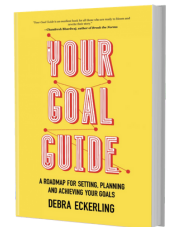
How to Set and Achieve Your Networking Goals

Productivity 101: Finding Time for Your Passion Project, Side Hustle, or Job Search

How to Stay Productive and Motivated During Challenging Times

Setting Social Media Goals: LinkedIn, Facebook, Twitter (Platform-Specific or a Combination)

Other Topics include Writing and the Business of Being a Writer, Blogging & Journaling



### CONTACT DEBRA

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