Debra Eckerling is the author of Your Goal Guide: A Roadmap for Setting, Planning, and Achieving Your Goals and founder of the D*E*B METHOD®. DEB stands for Determine Your Mission, Explore Your Options, Brainstorm Your Path. A communications specialist and project catalyst, she works with individuals and businesses to set goals and manage their projects through one-on-one coaching, workshops, and online support. Debra is also the founder of Write On Online, and host of the #GoalChat Twitter chat and #GoalChatLive on Facebook.

SPEAKING TOPICS: WORKSHOPS, SESSIONS, KEYNOTES, PANELS

Goal-Setting Simplified Using The D*E*B Method
How to Reboot Your Goals When Change Happens
#GoalTopia Vision Board Scavenger Hunt
How to Set and Achieve Your Networking Goals
Productivity 101: Finding Time for Your Passion Project, Side Hustle, or Job Search
How to Stay Productive and Motivated During Challenging Times
Setting Social Media Goals: LinkedIn, Facebook, Twitter (Platform-Specific or a Combination)
Other Topics include Writing, Blogging, Social Media, Networking, Journaling & Work-Life Balance

CONTACT DEBRA
Website: TheDEBMethod.com
Email: info@TheDEBMethod.com
LinkedIn: LinkedIn.com/in/Coastbunny
Twitter: eWriteOnOnline, eTheDEBMethod
Facebook: Facebook.com/TheDEBMethod
Facebook.com/WriteOnOnline
Facebook.com/Groups/WriteOnOnline
Instagram: eWriteOnOnline, eTheDEBMethod